

In the Second Year:

- A. A more advanced course on C of the First Year with special attention to social problems.
- B. The Normal and Abnormal. How differentiated? The significance of the latter in society. Mental Defect. Measurement of Intelligence.
- C. Study of Motive, Decision, Volition and Habit, with illustrations drawn from the field of imaginative literature.

THE DEPARTMENT OF FRENCH

THE ATTENTION of students is drawn to the value of foreign languages in an educational course. In addition to the practical advantage of offering a means of communication with another people, each new language acquired is a key to a new world of literature and thought. Not only so, but through the systematic study of foreign languages lies a direct route to acquiring accuracy in the use of one's own. A knowledge of English Grammar, and of English sentence structure, and precision in the use of English words, will all be greatly furthered by a scientific study of French.

THE FRENCH DEPARTMENT offers a two years' course in Grammar, Composition, Conversation, and Reading. The classes are carefully graded, so that beginners may not be discouraged by striving to keep pace with advanced students, nor advanced students held back by beginners.

INSTRUCTION in Pronunciation, Conversation and Reading is given by a teacher of French nationality.

A SCHOLARSHIP will be offered, through the kindness of Lady Eaton, for the encouragement of students in this important department, and will be known as the Florence Mary Eaton Scholarship. It will be awarded on the recommendation of Madame Goudis, and will amount to Fifty Dollars for the first year, One Hundred Dollars for the second year, and Two Hundred Dollars for the third year. Details regarding the terms of award will be published later.

THE DEPARTMENT OF EXPRESSION

DRAMATIC ART

EXPERIENCE indicates that nothing in all our work so quickly develops ease, naturalness, spontaneity, imagination, clear enunciation, and interpretative power, and so effectually banishes timidity, affectation, and self-consciousness as training in Dramatic Art. Therefore, while this department may be used as a preparation for the stage, that is not its only purpose.

VOICE CULTURE

THE VOICE, the greatest instrument of expression, is generally the most neglected. Correct breathing is fundamental, whether for speech or song. Our method places all activity at the diaphragm and leaves the throat passive and relaxed. No one who has mastered this method will have speaker's sore throat. After technical drill, voice placing, vocal process in exercise the voice becomes responsive to feeling, and timber (tone color) is the result.

STUDIO RECITAL

THESE RECITALS are given in the Recital Hall of the School, under the direction of Mrs. Nasmith. During the School year ten Public and twenty working recitals will be given. The attention of students of Expression or of Music, preparing for the professional platform is especially directed to this class. It offers them an opportunity of receiving personal criticism from Mrs. Nasmith on platform deportment, the Public Recitals in particular securing the conditions of actual professional performances.

PUBLIC SPEAKERS' CLASS

THE WORK in this class is devoted principally to:

1. The Training of the Voice.
2. Melody in Public Speaking.
3. Platform and Drawing-room Deportment.
4. Reading.

CORRECTIVE WORK

STAMMERING, stuttering and other impediments of speech are corrected, and constrictions of the throat and tongue relieved, by scientific methods. Distinguished physicians have expressed satisfaction with the results attained.

THE DEPARTMENT OF PHYSICAL EDUCATION

THE AIM OF THIS DEPARTMENT is to provide young women with a training, both in the Theory and Practice of Physical Education, that will enable them to take advantage of the opportunities offered in the ever-increasing demand for thoroughly qualified teachers.

HISTORY OF PHYSICAL EDUCATION (12 hours)

—This course covers a brief survey of the field of Physical Education from ancient to modern times. A study is made of the lives and works of leading pioneers and contemporaries.

*Outline of
Courses in-
cluded in the
two years'
work.*

ANATOMY (72 hours)—The course in descriptive anatomy covers the various tissues of the body, muscles, bones, and joints. Time is also given to the study of the nervous system, vascular system, and the viscera.

PHYSIOLOGY (36 hours)—A study is made of the interrelations of various bodily functions, and this course forms the basis of the work in Hygiene.

PERSONAL HYGIENE (12 hours)—The object of this course is to give the student a scientific and practical basis for the maintenance of health. It consists of twelve lectures with readings on the relationship of the human organism to its environment, including air, food, sleep, bathing, and general principles of hygienic living.

THEORY AND PRACTICE OF GAMES (48 hours)—This course includes a study of child psychology

and the various "Theories of Play" to aid the student in determining games suitable for all ages. Practical material presented includes games, ranging from singing games to those more highly organized; all are discussed and classified according to their value for different age groups.

FIRST AID AND HOME NURSING (18 hours)—A complete course of instruction is given in quick and efficient treatment in cases of accident, and in prevention and general provision for the care of illness in the home. It leads upon examination to the certificates of First Aid and Home Nursing of the St. John's Ambulance Association.

APPLIED ANATOMY (36 hours)—A study is made of the fundamental gymnastic movements and positions. The action of joints and muscles is studied in the natural movements of daily life, and in organized activities, such as sports or dancing.

ANTHROPOMETRY (12 hours)—Anthropometry treats of the theory of measurements of the human body; the work includes the taking of physical measurements, and testing for normal eyesight and hearing.

CORRECTIVE GYMNASTICS (36 hours)—Instruction is given in the causes and recognition of scoliosis, weak feet, and faulty posture, including round shoulders, flat chest, forward head, round back, etc. Programmes of exercises are prepared to meet individual needs.

SCHOOL HYGIENE (12 hours)—The aim of this course is to acquaint the prospective teacher of Physical Education with the underlying principles of Hygiene in the choice of site, construction, and administration of rural and city schools. Such topics as seating, ventilation, lighting, toilets, drinking fountains, etc., are discussed.

TEACHING HYGIENE—This course covers the teaching of health habits in Elementary Schools.

METHODS IN PHYSICAL EDUCATION—The aims of this course are:

- (1) To discuss the history and principles of the so-called "Systems" of gymnastics.
- (2) To study character, selection and arrangement of gymnastic exercises and activities.
- (3) To study programmes and rules governing Field Days and Athletic Meets, Summer Camp routine, and standard physical tests.

LIGHT GYMNASTICS (288 hours)—A course of instruction, including theory and practice, is given in Free Standing exercises, Dumb-bells, Wands, Clubs, and Marching Tactics.

HEAVY GYMNASTICS (72 hours)—A course of carefully graded exercises is given in Horizontal and Parallel Bars, Horse Rings, etc., special attention being paid in fitting the student to teach apparatus work in all its details.

PRACTICE TEACHING (72 hours)—In addition to the regular periods of practice teaching, the students of the Senior year are advised to take charge of classes in Settlements, Churches, etc. Such work is partly supervised by the Department.

DANCING—a. (72 hours)—Folk Dancing and Singing Games.

b. (72 hours)—This course includes Bar and Floor Technique, Æsthetic, National and Interpretative Dancing.

SPORTS AND ATHLETICS (216 hours)—This course includes practice in playing and coaching Field Hockey, Basketball, Indoor Baseball, Tennis, Field and Track Athletics.

SWIMMING (72 hours)—The instruction in swimming includes Life Saving, Water Sports and Diving. An opportunity is given to the students to qualify for the Bronze, Silver and Gold Medallions, of the Royal Life Saving Society.

VOICE CULTURE—See p. 23.

*The Margaret
Eaton School
Extension*

THE TEACHING FACILITIES of this Department have been greatly increased by the opening, in January, 1918, of the Margaret Eaton School Extension at 413-415 Yonge Street. The Extension includes a finely equipped Gymnasium, a sanitary Swimming Tank, and large and airy Club Rooms.

STUDENTS are required to wear the regulation costume of the School in the Physical Training Classes, information regarding which will be given by the Director of the Gymnasium at the beginning of the Academic Year. The approximate cost of the special costume and text books of this Department will be twenty-five dollars.

*Gymnasium
Costume*

For any further information regarding classes at the Extension, apply to the Secretary:

Telephone North 4544.

Tuition Fees

REGULAR COURSES

The Normal Course in English, Expression, French and Physical Education, - - - - -	per year	\$300 00
The Normal Course in Physical Education, per year		300 00
The Course in English, French, and Physical Education, - - - - -	per year	200 00

SPECIAL COURSES AND PERSONAL LESSONS

*English and
Expression*

Special students may register for one or for any number of the regular subjects at the following rates:		
One subject of one hour weekly, - - -	per term	6 00
- - - - -	per year	18 00

Special attention is drawn to:

- The Browning Class, conducted by Mrs. Nasmith.
- The Shakespeare Class, conducted by Mrs. Nasmith.
- The Class on Modern Dramatists, conducted by
Miss Ross.

French

The Studio Recital for Professional Department, conducted by Mrs. Nasmith - - -	per term	10 00
- - - - -	per year	25 00
One subject of two hours weekly, - - -	per term	12 00
- - - - -	per year	36 00
Personal lessons with Mrs. Nasmith, 12 half-hour lessons - - - - -		60 00
Class lessons, three hours weekly, - - -	per term	18 00
Personal lessons with Madame Goudis, 12 one-hour lessons - - - - -		36 00

*Physical
Education*

Practice in Physical Education, three hours weekly, - - - - -	per term	6 00
- - - - -	per year	18 00
Swimming - - - - -	per term	8 00
Special Classes in Chalif Dancing with Miss Hamilton, one class weekly - - -	per term	8 00
The Children's Class in Expression - - -	per term	6 00
The Children's Class in Dramatic Art - - -	per term	6 00



The **Margaret Eaton School Digital Collection** is a not-for-profit resource created in 2014-2015 to assist scholars, researchers, educators, and students to discover the Margaret Eaton School archives housed in the Peter Turkstra Library at Redeemer University College. Copyright of the digital images is the property of Redeemer University College, Ancaster, Canada and the images may not be copied or emailed to multiple sites without the copyright holder's express written permission. However, users may print, download, or email digital images for individual non-commercial use. To learn more about this project or to search the digital collection, go to <http://libguides.redeemer.ca/mes>.